

LEARN TO FOLLOW YOUR ARROW

Canoe & Archery

Dates: TBD

11-14 years old

1 day

7 Kids



Description: Follow Her North and Wesley Bow Guides partnered to teach kids traditional ways of traveling and hunting. We will paddle on the Mattawishkwia River till we reach Wesley Bow Guide where he will teach us how to shoot a traditional bow. We will have workshops on indigenous territory/history, dreams, self awareness and survival tips. (No rapids on that section of the river)

Itinerary: Please drop off your kids at 8am at the landing. (Google map point will be sent upon booking) And come back at the same place to pick them up at 4pm. We will make our way down river to meet with Richard where he will teach us archery and more. We will cook some bannock on a stick and have lunch. We will spend the afternoon doing some workshops. To eventually make our way back up river.

165\$ tax in. per kid

Extended care: I offer extended care for parents that work earlier or later from 7h30-8h and 16h-17h for 10\$. It is supervised play time, meaning no activities planned.



Included:

Canoe, Materials for workshops, emergency satellite device, guide



Needed:

Cold lunch and snacks, bottles of water, sunscreen, bugs spray, bathing suit, towel, lifejacket, spare clothing (suitable for the day, warm), water shoes (crocs, rubber boots, preferably closed) plastic bag for soaked clothes

followhernorth.com



705-373-2948